

MODERN IMPRESSIONISM IN ACTION

With Colley Whisson

If you are painting in Oils

Subjects Seascape, Landscape & Still-Life

(Each student will be provided with a reference photograph per studio day *excluding* Still-Life)

Preferred Oil Colours - Archival

Titanium White
French Ultramarine Blue
Phthalo Green
Yellow Ochre
Light Red Ochre
Cadmium Yellow Medium
Cadmium Orange
Cadmium Red Light (Scarlet)
Permanent Alizarine
Medium - Archival Odourless Lean Medium for mixing oil colours (Fastest Drying)
Solvents - Archival Odourless Solvent for cleaning brushes at the end of the day

Brushes

Art Spectrum

1 x 1000F, size 12 **Long Flat** Bristle Hog Hair (**Not** Synthetic/ Bright) Approx. 1" wide (25mm)

1 x size 6 Filbert **Hog Hair** approx. 1/4 inch wide (6mm)

Synthetic

1 x size 12 synthetic long flat brush 3/4"-1" wide (19-25mm)

1 x size 6 synthetic long flat brush 1/4 inch wide (6mm)

2 x size 2 liner/ rigger synthetic with long bristle

Boards

Smooth Canvas or Hardboard (MDF)

One 16" x 12" (40cms x 30cms)

Two 10" x 12" (25cms x 30cms)

Preparation

MDF seal raw panel with an acrylic undercoat and apply one coat of gesso. Then, coat boards **or** canvas with cream interior acrylic house paint at a ratio of 50% paint & 50% water.

Still Life

Please bring along (5) items E.g. Vase, bottle, brass, silver object/s, fruit & vegetable/s.

One cardboard box approximately 16" x 12" to 14" x 18" E.g. Fruit box size (40cms x 30cms to 35cms x 45cms)

Misc

Standing or table easel, flat non-porous palette (**Laminex/Glass/Perspex**) approx. 16" x 12" (40cms x 30cms), metal palette knife, tissues, paper towels & cotton rags.

These art supplies are a guide only.

PLEASE NO FILMING OR PHOTOGRAPHING OF ARTWORKS AT WORKSHOP. THANK YOU

Board & Canvas Preparation

MDF

Medium-density fibreboard is an engineered wood product made by breaking down hardwood or softwood residuals into wood fibres, often in a defibrator, combining it with wax and a resin binder, and forming panels by applying high temperature and pressure.

1. One coat of primer or undercoat (Apply to seal the surface)
2. One coat of gesso
3. Mix in 50% cream Interior Acrylic House paint and 50% water & apply one coat to tint the surface.

CANVAS

White Canvas:

1. Mix in 50% cream Interior Acrylic House paint and 50% water apply one coat to tint the surface.

Non-Sealed Canvas:

1. One coat of primer or undercoat (Apply to seal the surface)
2. Use one topcoat of white Interior Acrylic House paint.
3. Mix in 50% cream Interior Acrylic House paint and 50% water & apply one coat to tint the surface.

ALL coats to be applied preferably with a large synthetic brush.

The secret to having a good board surface is so it's not too rough, porous or not too slippery. I like to call it the Goldilocks formula. It needs to be just right! It can take a bit of experimentation but it's better for the board to be a bit towards the smooth side.

For a visual demonstration, please view [Colley's YouTube board preparation video](#)

MODERN IMPRESSIONISM IN ACTION

With Colley Whisson

If you are painting in Acrylics

Subjects Seascape, Landscape & Still-Life

(Each student will be provided with a reference photograph per studio day *excluding* Still-Life)

Preferred Acrylic Colours *or similar*

Titanium White
French Ultramarine Blue
Phthalo Green
Yellow Ochre
Light Red Ochre
Cadmium Yellow Medium
Cadmium Orange
Cadmium Red Light (Scarlet)
Permanent Alizarine
Medium – Slow Drying Medium of your choice

Brushes

1 x size 12 Stiff Synthetic 1" wide (25mm)

1 x size 6 Filbert Stiff Synthetic 1/4 inch wide (6mm)

1 x size 10/12 Synthetic Long Bristle 3/4 inch or 1" long (19mm or 25mm)

2 x size 2 Liner/ Rigger Synthetic Long Bristle 1" long (25mm)

Boards

Smooth Canvas or Hardboard (MDF)

One 16" x 12" (40cms x 30cms)

Two 10" x 12" (25cms x 30cms)

Preparation

MDF seal raw panel with an acrylic undercoat and apply one coat of gesso. Then, coat boards **or** canvas with cream interior acrylic house paint at a ratio of 50% paint & 50% water.

Still Life

Please bring along (5) items E.g. Vase, bottle, brass, silver object/s, fruit & vegetable/s.

One cardboard box approximately 16" x 12" to 14" x 18" E.g. Fruit box size (40cms x 30cms to 35cms x 45cms)

Misc

Standing or table easel, flat non-porous palette (**Laminex/Glass/Perspex**) approx. 16" x 12" (40cms x 30cms), metal palette knife, tissues, paper towels & cotton rags.

These art supplies are a guide only.

PLEASE NO FILMING OR PHOTOGRAPHING OF ARTWORKS AT WORKSHOP. THANK YOU

Board & Canvas Preparation

MDF

Medium-density fibreboard is an engineered wood product made by breaking down hardwood or softwood residuals into wood fibres, often in a defibrator, combining it with wax and a resin binder, and forming panels by applying high temperature and pressure.

1. One coat of primer or undercoat (Apply to seal the surface)
2. One coat of gesso
3. Mix in 50% cream Interior Acrylic House paint and 50% water & apply one coat to tint the surface.

CANVAS

White Canvas:

1. Mix in 50% cream Interior Acrylic House paint and 50% water apply one coat to tint the surface.

Non-Sealed Canvas:

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Bienarté

15 Nariel Street, Albion, QLD, 4010
07 3262 1808 or 0409 641 426

team@bienarte.com.au

